



Reduce Challenging Behaviors and Create Teachable Moments with RAPID Skills

RAPID Skills Training was developed from evidence-based training for parents and caretakers. It focuses on teaching critical interaction skills necessary to create positive daily interactions. RAPID Skills Training helps reduce challenging behaviors and foster better learning by creating teachable moments during daily, naturally occurring activities. Ultimately, RAPID Skills Training provides you with relief. You'll learn how to respond to and prevent difficult moments, keeping your loved one in position to learn each day, how to better adapt to the world around them...

What Are RAPID Skills and Who Do They Benefit?

Rewarding, Attending, Providing Breaks, Ignoring Non-Dangerous Behaviors (i.e., minimizing attention) and Direction Giving (RAPID Skills) are critical parent/caretaker skills that every parent/caretaker must master with practice and coaching from a professional in order to create meaningful daily interactions. When these RAPID skills are mastered and applied daily, learners become more willing to learn, which provides them with necessary skills to be successful and have a quality life filled with dignity and respect.

RAPID Skills provides caretakers like parents, grandparents, direct care professionals, aunts, uncles, family home providers, teachers, one-to-one au pairs or aids, and/or anyone responsible for the daily activities of a loved one, who needs assistance managing difficult moments in life, the foundation to begin teaching them quality skills needed to live happier lives twenty-four hours a day versus only a few hours a week.

RAPID Skills Training Leads to Positive Results

RAPID Skills Training is based on five critical parent/caretaker skills.

Results show that when learning these critical skills, parents/caretakers become teachers during naturally occurring activities, keeping learners successful while improving the quality of life for the entire family.



Please call **502-409-7181** to schedule your Free Screening or visit **www.cbacares.com** for more information.