

Positive Behavioral Outcomes, LLC

BACB ACE Provider OP-16-2689

Session 156: Enhancing Learner Choice in Skills-Based Treatment

Instructor: Adithyan Rajaraman, Ph.D., BCBA-D

CE Offering: 1.5

Dr. Adithyan "Dithu" Rajaraman joins me in Session 156 to discuss his work in the Practical Functional Assessment/Skills-Based Treatment literature.

Dithu is a former student of pod-fave Dr. Greg Hanley, and as one might expect, Dithu approaches his work with a similar degree of humility and open-mindedness. He earned his Ph.D. at Western New England University, and is now an Assistant Professor at the [University of Maryland Baltimore County](#)

In this episode, we covered his entry into the field of ABA, the seemingly false distinction of behavior-reduction vs. skill instruction, the basics of the Practical Functional Assessment and Skills-Based Treatment models, dealing with caregiver objections to these approaches, Dithu's research on what he calls the Enhanced Choice Model of skill instruction, implementing these procedures in public school settings, and much more. We also talk about how he stumped me with a question when I was a panelist at an ABAI event...

You're going to want to stay through to the very end because Dithu provides some really unique advice – not only for newly-minted BCBAs, but practitioners of all experience levels.

I should also add that Dithu insisted I give some shoutouts to the following folks who helped him with his research, and they include the aforementioned Greg Hanley, as well as Holly Gover, Johanna Staubitz, John Staubitz, Kathleen Simcoe, Rachel Metras, Robin Landa, and Kelsey Ruppel. This research has been recently published in [Behavior Analysis in Practice](#) as well, so I recommend you check it out when you get a chance.

Instructions for this event:

1. Listen to [Session 156](#) of The Behavioral Observations Podcast. [This link](#) takes you to a page where you stream the show directly from the BOP website.
2. [Purchase the CE](#). This will require creating an account for first time purchases, or logging in for returning customers.
3. Check your email for a link to a quiz.
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PS – please note that your participation certificate is emailed to you at the successful completion of the quiz. I have had some customers' emails get lost in their spam/junk filters. If you do not receive an email with a link to your downloadable participation certificate, please check your spam folder first, and then reach out at the email below if it is not there.

Thank you so much for participating in this BACB Continuing Education event. If you have any questions about this event or anything else related to the podcast, please feel free to email me at Matt@behavioralobservations.com!